

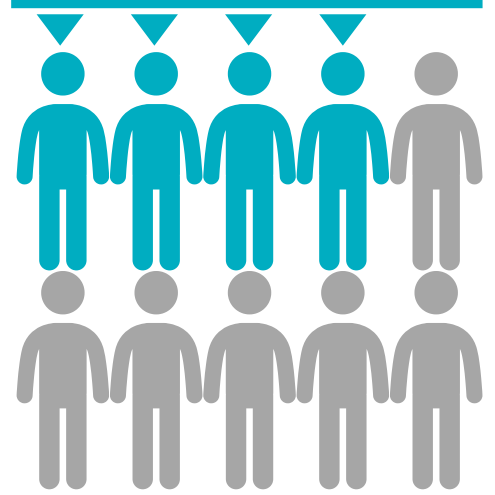
# THE EMOTIONAL IMPACT OF ALLERGIES

Up to **3m** people in the UK affected

Up to **26m** people in Europe

Approx **33m** in the USA

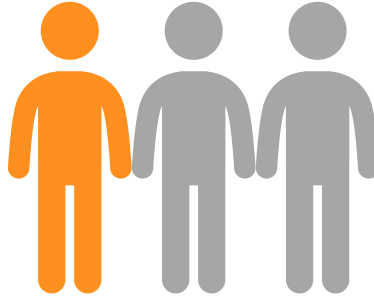
**4** out of every **10**



parents experience

moderate - extremely severe anxiety

**1** out of every **3** children with food allergies report bullying



**42%**

of parents of food-allergic children were found to meet the clinical cut-off for post traumatic stress symptoms (PTSS)



**ALMOST 40%**

of adults report bullying due to their allergies



**20%**



of food allergy reactions happen at school.

While fatalities are thankfully rare, the profound impact on

**quality of life**

is undeniable.

Parents who have used AAI's are **7 X** more likely to experience PTSS.

**£1,414**



The cost-of-living is impacting food allergic families, the extra costs a child faces every year is £1,414 (Adults £1,259)

**Over the last two decades** allergic diseases have become alarmingly common and are continuing to grow, affecting lives on an unprecedented scale. The statistics surrounding food allergies are a wake-up call :

**8%**

Up to 8% of children and 6% of adults in the UK are affected.



In an average classroom, two children have a food allergy.



**3** out of every **10**

families report that their child's allergy affects their school attendance.



Hospital admissions due to allergies and anaphylaxis have nearly doubled in the past 20 years.

References available upon request



[www.anaphylaxis.org.uk](http://www.anaphylaxis.org.uk)

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**anaphylaxis UK**

A brighter future for people with serious allergies