



All About Allergies Quiz



Q1. What is an allergy? (fill in the gap)

An allergy is when your _____ reacts to something

Q2. Can you draw a picture in the box of something which might be an allergen?



Q3. 'Anaphylaxis' means (fill in the gap)

A severe _____

Q4. Which of these can be signs of a reaction? (tick the box)

Itchy skin and rash



Headache



Coughing



A runny nose



Q5. If you think someone is having an allergic reaction, what should you do?

Q6. What can you do to keep someone with an allergy safe?

