

# NICE Quality Standards for (1) Anaphylaxis (2) Food Allergy

NICE Quality Standards are concise sets of prioritised statements designed to drive measurable quality improvements within a particular area of health or care. They are derived from the best available evidence such as NICE guidance and other evidence sources accredited by NICE. They are developed independently by NICE, in collaboration with health and social care professionals, their partners and service users.

## NICE Quality Standard for Anaphylaxis

- 1 People who have emergency treatment for suspected anaphylaxis are referred to a specialist allergy service
- 2 People who are prescribed an adrenaline auto-injector after emergency treatment for suspected anaphylaxis are given training in how and when to use it before being discharged
- 3 People who have a systemic reaction to wasp or bee stings are referred to a specialist allergy service to assess whether venom immunotherapy would be suitable
- 4 (Placeholder) Ongoing training in adrenaline auto-injector use

## NICE Quality Standard for Food Allergy

- 1 Children and young people with suspected food allergy have an allergy-focused clinical history taken
- 2 Children and young people whose allergy-focused clinical history suggests an IgE-mediated food allergy are offered skin prick or blood tests for IgE antibodies to the suspected food allergens and likely co-allergens
- 3 Children and young people whose allergy-focused clinical history suggests a non-IgE-mediated food allergy, and who have not had a severe delayed reaction, are offered a trial elimination of the suspected allergen and subsequent reintroduction
- 4 Children and young people are referred to secondary or specialist allergy care when indicated by their allergy-focused clinical history or diagnostic testing
- 5 (Placeholder) Diagnosing food allergy in adults
- 6 (Placeholder) Nutritional support for food allergy

For more information visit:

[www.anaphylaxis.org.uk](http://www.anaphylaxis.org.uk) <https://www.nice.org.uk/guidance/qs119> <https://www.nice.org.uk/guidance/qs118>