

Food allergies - airline comparison

November 2013

Note: There are several airlines on the list that do not have information on food allergy and flying on their websites. Unless otherwise specified, always get a medical certificate from your doctor as a passenger has been de-boarded for not having a medical certificate to travel. You should contact the airline and get written permission to travel with a food allergy to prevent this happening.

Airline	Country of origin	Policy for FA passengers	Weblink and notes
Aer Lingus	Ireland	<ul style="list-style-type: none"> Aer Lingus recognises that some passengers are allergic to peanuts. Although we do not serve peanuts, there may be trace elements of unspecified peanut ingredients, including peanut oils, in meals and snacks. Additionally, other customers may bring peanuts on board. Therefore, we cannot guarantee customers will not be exposed to peanuts during flight and strongly encourage customers to take all necessary medical precautions to prepare for the possibility of exposure. 	Peanut allergy http://www.aerlingus.com/help/help/specialassistance/#d.en.1695
Air Asia	Malaysia	<ul style="list-style-type: none"> You do not need to carry a medical certificate if you have a food allergy Meals containing peanuts and tree nuts are served on board We do not allow outside food and beverages on the aircraft. <p>** Please note, we have contacted them previously, and they have agreed to allow passengers to bring their own food on board by prior arrangement. However, we advise you to get written permission from them.</p>	Menu http://www.airasia.com/my/en/inflight-comforts/hot-meals.page
Air Canada	Canada	<ul style="list-style-type: none"> If you have severe allergies, you should always carry one or more EpiPens as you would under any other circumstances. If you have a severe allergy to cats, you should carry your asthma inhaler, as well as hand sanitizer and wet wipes to clean surrounding areas. There are no peanuts in packaged bar snacks onboard their aircraft in all classes of service. However, they cannot offer a special meal that is nut-/peanut-free. A child who is severely allergic to peanuts/peanut products cannot travel as an unaccompanied minor. <p>Buffer zone</p> <ul style="list-style-type: none"> If you have a severe allergy to peanuts or nuts, you may request that a buffer zone be set up around your seat in order to help avoid the risk of exposure. To request a buffer zone, please contact the Air Canada Medical Assistance Desk at least 48 hours before your flight as medical approval is required for all passengers, regardless of the itinerary. No onboard announcement will be made. Only the other customers seated within the buffer zone will be briefed on board by the flight attendant prior to departure. 	http://www.aircanada.com/en/travelinfo/onboard/dining/nutritional.html Medical approval form http://www.aircanada.com/en/travelinfo/before/specialneeds_medical.html
Air France	France	<ul style="list-style-type: none"> Air France offers a special “allergen-free” meal*. The meal is free of the following products and their byproducts: grains, shellfish, eggs, fish, peanuts, soy, milk, nuts (almonds, walnuts, hazelnuts), celery, mustard, sesame seeds, sulfurous anhydrite and sulfite concentrations of more than 10mg/kg, lupine, and mollusks. The offer is available for breakfast, lunch and dinner and is the same in all classes. If you would like one of these meals, simply submit your request when booking your ticket or at least 48 hours prior to your departure. * All other meals may contain traces of peanuts or other nuts, both in the airport and in flight. Special meals adapted to your diet (vegetarian, kosher, no salt, etc.) are available on our flights of more than 2 hours 35 minutes and can be ordered online. Simply make your request when booking your flight, or at least 48 hours before your departure 	http://faq.airfrance.fr/b2c/ShowAnswer.do?quid=750&ansId=798&quMa=OTHER&quToken=908939163&srhMo=NS Air France website http://www.airfrance.co.uk/cgi-bin/AF/GB/en/common/home/flights/ticket-plane.do

Airline	Country of origin	Policy for FA passengers	Weblink and notes
Air New Zealand	New Zealand	<ul style="list-style-type: none"> You're welcome to bring your own meal on board. However, because of limited aircraft facilities, we are not able to heat meals that you bring with you, nor are we able to refrigerate your meal in case the container should become contaminated with other food in the aircraft refrigerator. We recommend that anyone suffering from allergies carry medication prescribed by their doctor to take in the event of a reaction. If you are not sure that you will be able to administer your own medication in an emergency, you are advised to travel with a person who is able to assist you. In case of a medical emergency, there is a comprehensive physician's kit onboard international services, and this is made available for use by any travelling doctor. Please note that Air New Zealand Cabin Crew are not permitted to administer medication. 	http://www.airnewzealand.com.au/special-assistance-allergy-alerts Special meals options – non are classified as nut free but some will be lower risk http://www.airnewzealand.com.au/special-meals-longhaul
Alaska Airlines	US	<ul style="list-style-type: none"> Some first class meals and meals for purchase in the main cabin may contain nuts. Additionally, we cannot prevent customers from bringing peanuts or products containing nuts onboard our flights. Therefore, Alaska Airlines is unable to guarantee a nut- or allergen-free flight. Attempting to do this would create a false sense of security for passengers with severe allergies. We encourage customers who are allergic to nuts to bring their own food items for travel and consult with their doctor regarding the safety of air travel. You may bring your own snacks and food onboard, as long as they adhere to TSA's 3-1-1 rules. Fruits and vegetables can be eaten during your flight, but they will not be allowed to enter Mexico, Canada or Hawaii. 	http://www.alaskaair.com/content/travel-info/policies/specialservices-oxygen.aspx?lid=JennWindow::ResponseLink#peanut
American Airlines	US	<ul style="list-style-type: none"> American recognizes that some passengers are allergic to peanuts and other tree nuts. Although we do not serve peanuts, we do serve other nut products (such as warmed nuts) and there may be trace elements of unspecified nut ingredients, including peanut oils, in meals and snacks. We do not have in place procedures that allow our flight crews not to serve these foods upon request of a customer. We do not provide nut "buffer zones". Our planes are cleaned regularly, but these cleanings are not designed to ensure the removal of nut allergens, nor are our air filtration systems designed to remove nut allergens. Other customers may bring peanuts or other tree nuts on board. Therefore, we cannot guarantee customers will not be exposed to peanuts or other tree nuts during flight, and we strongly encourage customers to take all necessary medical precautions to prepare for the possibility of exposure. 	http://www.aa.com/i18n/travelInformation/specialAssistance/allergies-meds-meals.jsp
ANA / All Nippon Airways	Japan	<ul style="list-style-type: none"> ANA strives not to select or use peanuts as an ingredient for in-flight meals and drinks of ANA-operated Domestic and International flights (excludes code-share flights). However, there is a possibility that the meals and drinks may contain peanuts or peanut-by products (such as peanut oil) during preparation or manufacturing. ANA cannot guarantee that the in-flight environment will be completely peanut-free since other passengers may bring peanuts or other products on board. We recommend that you always consult a doctor beforehand and always carry the proper medication and other protection. Please be noted that nuts, other than peanuts, are used as an ingredient for in-flight meals. ANA customers may order special allergen-free meals in advance, which are cooked separately from other meals in a kitchen of a company specializing in research of allergies. <p>Allergen-free meals</p> <ul style="list-style-type: none"> ANA orders allergen-free meals to be cooked separately from other meals in a kitchen of a company specializing in research of allergies. We provide a " 5 allergen-free meal ", which does not contain the 5 major allergic ingredients (wheat, buckwheat, dairy products, eggs, and peanuts), and a " 25 allergen-free meal ", which does not contain the 5 major allergic ingredients and 20 other ingredients (abalone, squid, salmon roe, shrimp, orange, crab, kiwifruit, beef, walnut, salmon, mackerel, soybean, poultry, banana, pork, matsutake mushroom, peach, yam, apple, and gelatin). Please note that we cannot completely prevent the possibility of airborne particles which may be mixed during the process. We ask that those with severe food allergies to contact your doctor before choosing your meals. Please contact ANA International Reservation and Information Center at least 96 hours prior to departure to make requests for special meals-free from allergies. 	<p>Policy regarding customers with peanut allergies https://www.ana.co.jp/wws/us/e/asw_common/svc/oth_svc/spmeal/info_allergy/index.html</p> <p>5 allergen-free meal https://www.ana.co.jp/wws/us/e/asw_common/svc/oth_svc/spmeal/index_allergy.html</p> <p>25 allergen-free meals https://www.ana.co.jp/wws/us/e/asw_common/svc/oth_svc/spmeal/index_meal_allergy_25.html</p>

Airline	Country of origin	Policy for FA passengers	Weblink and notes
British Airways	United Kingdom	<ul style="list-style-type: none"> Special and medical meals can be ordered to exclude a variety of food classes, such as seafood, dairy and gluten. British Airways can never guarantee a nut free cabin, and cannot prevent other passengers bringing their own food on board the aircraft. Advise the cabin crew and passengers around you of your allergy. Cabin crew are trained to recognise the symptoms of mild and severe (anaphylaxis) allergic reactions and administer EpiPen if necessary, but it is expected that travel companions, guardians or family members would administer treatment, should it be required. Clearly label any prescribed medication to identify its name and the person to whom it is prescribed. Make sure you carry an emergency treatment plan and a confirmation signed by your doctor of the need to carry the medication in your hand luggage to minimize problems at airport security. <p>Use of common good allergens in meals</p> <ul style="list-style-type: none"> Peanuts - Our in-flight meals do not contain peanuts or peanut products. However, we cannot guarantee meals and snacks are completely peanut free as they may be produced at a facility that handles peanuts. We are therefore unable to offer a peanut-free special meal. Peanuts may be used in snacks in our British Airways airport lounges. Tree nuts - Tree nuts, such as walnuts and cashews, may be offered as part of our in-flight menu. Dairy - We offer a low lactose special meal which excludes cheese, dairy products and their derivatives and lactose or milk products. In addition, our vegan vegetarian meal is completely dairy free. Seafood - There is generally at least one option available on board that does not include seafood. In addition, all of our vegetarian meals are completely free of seafood. <p>Food labelling - All meals are clearly labelled to indicate if they contain any ingredients that are defined as allergens by the EU. However, owing to the nature of the ingredients and processes used in our kitchens, we cannot guarantee that our meals will be free from traces of any allergen.</p>	<p>Advice for food allergy passengers http://www.britishairways.com/travel/healthmedinfo/public/en_gb</p> <p>Travelling with food allergies http://www.britishairways.com/travel/food-allergies/public/en_gb?gsLink=searchResults</p>
Cathay Pacific	Hong Kong	<ul style="list-style-type: none"> Passengers with peanut allergy can request that non-peanut containing cocktail snacks be served in their class of service on a Cathay Pacific flight, giving the airline at least 72 hours notice. Please direct your request to your local CX reservation Office and submit a completed MEDA form in reference to the passenger's condition. Cannot provide a peanut free meal Should passengers require a flight environment with reduced peanuts, Cathay Pacific requires a completed MEDA form at least 72 hours in advance of the flight stating that their condition does not pose serious risks in a flight environment, in which some peanut products may be present. Passengers with peanut allergies that do not require special treatments or considerations are not required to complete MEDA forms prior to departure. Passengers can carry their own food items that do not require any chilling or re-heating in flight. Passengers should carry appropriate anaphylaxis treatment prescribed by their physician that can be self administered, including ready-for-use epinephrine (Epi-pens) or other medications. Travel companions, guardians or family members are expected to administer treatment should it be required. If they are not available, the affected passenger is expected to self-administer prescribed treatment specifically prescribed by their physician. Further, due to the heightened security environment, if passengers are advised by their physician to carry a syringe or medication in their carry-on luggage, they should obtain a letter from their physician to certify this. Please also ensure that ALL medications are professionally labelled with the passenger's name and the medication name clearly identified. 	<p>http://www.cathaypacific.com/cpa/en_AU/helpingyoutravel/peanutallergy</p> <p>Local CX reservation office http://www.cathaypacific.com/cpa/en_AU/contactus/worldwidecontacts</p> <p>MEDA form http://www.cathaypacific.com/cpa/en_AU/helpingyoutravel/meda</p>
Asiana Airlines	Korea	<ul style="list-style-type: none"> PLEASE NOTE - If a customer has an allergy to a specific substance or food, he/she should inform the airline these details, using the "special customer travel application form" and a "doctor's prescription for air travel." It is recommended to bring the relevant medicine for these substances to cope with an emergency. <p>Special Customer travel application form http://au.flyasiana.com/Global/upload/download/201306/spcl_e.pdf</p> <p>Doctor's prescription for travel form http://au.flyasiana.com/Global/upload/download/201306/doctor_e.pdf</p>	<p>http://au.flyasiana.com/Global/AU/en/homepage?fid=INFO17210</p>

Airline		Country of origin	Policy for FA passengers	Weblink and notes
Delta	United States		<ul style="list-style-type: none"> Effective on flights operating June 1, 2012 and beyond, when you notify Delta that you have a peanut allergy, they will refrain from serving peanuts and peanut products onboard your flight. They will also advise cabin service to board additional non-peanut snacks, which will allow the flight attendants to serve these snack items to everyone within this area. Gate agents will be notified in case you'd like to pre-board and cleanse the immediate seating area. They can't guarantee that the flight will be completely peanut-free. 	http://www.delta.com/content/www/en_US/traveling-with-us/special-travel-needs/disabilities.html
easyJet	United Kingdom		<ul style="list-style-type: none"> Peanuts are stored and sold onboard, so please notify any member of the cabin crew as soon as you get on board if you have a peanut allergy. The cabin crew can then suspend the sale of nut products during that flight. The cabin crew can also make an announcement requesting passengers where possible, to refrain from consuming their own nuts whilst onboard the aircraft. However, we cannot forbid passengers from consuming food containing nuts onboard. Please be aware that other products sold onboard may contain traces of nuts and we are unable to guarantee a nut free environment. We are also unable to guarantee a nut free environment in our partner lounges. We recommend that you carry any required medication in your hand baggage. Hypodermic needles and epipens are permitted onboard, however medical certification must be presented at check-in and security screening points. If you need to use a hypodermic needle onboard please advise the cabin crew who can arrange safe disposal of the needle. Please be aware that other products sold onboard may contain traces of nuts and we are unable to guarantee a nut free environment 	Peanut allergy http://easyjet.custhelp.com/app/answers/detail/a_id/4182/kw/allergy
Etihad Airways	Abu Dhabi		<ul style="list-style-type: none"> No information on the website 	
Emirates	United Emirates		<ul style="list-style-type: none"> We do not offer nut-free flights. Nuts are served on all Emirates flights, either as a meal ingredient or as an accompaniment to drinks. An allergic reaction to peanuts or their by-products can be quite serious. Unfortunately, as Emirates cannot guarantee peanut-free meals, we request that you bring your own meal on board if you have a peanut allergy. Our cabin crew will be happy to warm it up for you, if you desire. Please note that other passengers may also bring food onboard which could contain nuts. It is therefore possible that traces of nut of nut residue oils could be passed on to the seating, other surfaces or via the airconditioning system on board the flight. Emirates accepts no responsibility for any allergic reaction you may suffer whilst on board an Emirates flight. We suggest that you discuss your travel plans with your doctor to assess your fitness to fly with us in this regard. 	http://www.emirates.com/english/plan_book/essential_information/dietary_requirements.aspx
Hawaiian Airlines	United States		<ul style="list-style-type: none"> Hawaiian Airlines recognizes that some people are allergic to peanuts, nut products, animals or other items that may be on our flights or that passengers might bring onto our aircraft. Hawaiian Airlines cannot guarantee allergen-free flights and we make no provisions to do so. Please consider the possibility of exposure on any aircraft, particularly when accepting any in-flight meal or snack. We strongly advise customers to take all necessary medical precautions to prepare for the possibility of exposure. You may bring your own food items on your flight. Many people take the precaution of carrying epinephrine (epi-pens) or other suitable anaphylaxis treatment prescribed by their physician that can be self-administered. Please review TSA guidelines regarding the carriage of liquid prescription medication and please make sure you keep your medication in your carry-on luggage so you can access it in-flight if necessary. 	http://www.hawaiianairlines.com/services/customers-with-disabilities#ags

Airline	Country of origin	Policy for FA passengers	Weblink and notes
Japan Airlines	Japan	<ul style="list-style-type: none"> When there are peanut allergy passengers on board, we will take measures, such as removal of peanut products from snack and in-flight meals. We need to be notified at least 2 weeks before departure of the flight. We do not use peanut products inside aircraft snacks for international flights, but other types of nuts may be included and served. We cannot control what is brought onboard by other passengers or left by passengers from previous sectors. We recommend you carry injections and drugs prescribed by your physician. Parents/guardians/travel companions are expected to administer treatment if this is required. New minimal allergen menus are available and these meals contain no nuts (i.e. almonds, cashews, hazelnuts, walnuts, pecans, macadamias, pistachios, chestnuts, pine nuts or peanuts). *While JAL and its caterers make every effort to prevent allergen penetration during food handling and preparation, tiny levels of such substances may sometimes unintentionally appear in meals. Minimal Allergen meals can easily be ordered over the phone when you call the office number below at least 96 hours before your flight's departure. 	<p>Peanut allergy http://www.jal.co.jp/en/jalpri/consultation/peanut.html</p> <p>Allergy free meals http://www.jal.co.jp/en/inflight/meal/allergy_meal.html</p> <p>http://www.jal.co.jp/en/inflight/meal/allergy_meal03.html</p>
JetBlue	United States	<p>Nut allergies</p> <ul style="list-style-type: none"> JetBlue does not serve peanuts and has no immediate plans to serve peanuts; however, we cannot guarantee that our aircraft or snacks will be 100% free of peanuts, peanut material or peanut products. "Tree nuts" such as almonds, cashews, pistachios, walnuts, etc. may be served on JetBlue flights. For a full list of our onboard snacks & beverages. There is a possibility that some food items served come from facilities that also manufacture products that may contain peanuts, peanut material or peanut products. We cannot prevent other customers from bringing their own peanuts or peanut products onboard and consuming these items inflight. However, we ask that you inform the head Inflight crewmember upon boarding the aircraft of your severe nut allergy. Upon request, an Inflight crewmember will create a buffer zone one row in front and one row behind the allergic person. The Inflight crewmember will ask customers seated in the buffer zone to refrain from consuming any nut containing products they have brought onboard and will not serve any nut containing products to these rows. JetBlue will offer a full refund to customers for whom these conditions make it impossible to travel. <p>Inflight accommodation</p> <ul style="list-style-type: none"> We cannot prevent other customers from bringing their own peanuts or peanut products onboard and consuming these items inflight. However, we ask that you inform the head Inflight crewmember upon boarding the aircraft of your severe nut allergy. Upon request, an Inflight crewmember will create a buffer zone one row in front and one row behind the allergic person to encompass a total of three rows. The Inflight crewmember will ask customers seated in the buffer zone to refrain from consuming any nut containing products they have brought onboard and will not serve any nut containing products to these rows. We cannot guarantee that a customer will not consume any peanut product they may have brought onboard. We will not identify the allergic passenger during the briefing. We will offer to reseat passengers if necessary. While we will not serve any nut-containing products to passengers in the buffer zone, products that may contain trace amounts of nuts can be served within the buffer zone. We do not make any onboard announcements regarding the nut allergy. Customers may request Silent Boarding at the gate to board early if they would like to personally wipe down their seat. <p>Emergency procedures</p> <ul style="list-style-type: none"> Our Inflight crewmembers receive training and are *equipped to assist" in the event of an allergic reaction and symptoms of same. However, we encourage customers who have a food allergy to please make arrangements to the best of his/her abilities to be prepared in case of an allergic reaction or emergency during their flight. *Our onboard Emergency Medical Kits all contain an Epi pen in case of an emergency <p>Aircraft cleaning information and aircraft air filtration system information also provided</p>	<p>http://help.jetblue.com/SRVS/CGI-BIN/webisapi.dll/?St=466,E=0000000000126893693,K=2883,Sxi=9,Cas e=obj(3071)</p> <p>List of snacks and drinks http://www.jetblue.com/flying-on-jetblue/snacks-and-drinks/?intcmp=hd_foib_snacksdrinks</p>

Airline	Country of origin	Policy for FA passengers	Weblink and notes
KLM	The Netherlands	<ul style="list-style-type: none"> • Our meals contain no whole peanuts, no ground peanuts and no peanut butter. However, we cannot guarantee that our products are 100% free of any traces of peanuts. Other kinds of nuts can also sometimes be found in our meals. The policy of our partner airlines can be different; please contact the specific airline for information. • If you have any special medical, religious or other wishes, you can request a special meal before departure. 	Meals https://www.klm.com/travel/gb/en/prepare_for_travel/on_board/dining_on_board/special_meals.htm
Lufthansa	Germany	<ul style="list-style-type: none"> • No information on the website 	
Malaysia Airlines	Malaysia	<ul style="list-style-type: none"> • Malaysia Airlines is unable to guarantee a peanut-free environment in its aircrafts or airport lounges. • All passengers who are allergic to peanuts are required to submit a 'Release Form' at least three (3) working days before their flight departure. If Malaysia Airlines receives the Release Form within the required time, Malaysia Airlines will implement the following measures: <ul style="list-style-type: none"> • Malaysia Airlines will create a 'buffer zone' around the passenger's seat which will include seven entire rows (being the row that the passenger has been allocated to sit in and the three rows in front of and the three rows behind the passenger's allocated row) (Designated Area). Peanut snacks and peanut condiments in meals will not be served to any passengers seated in the Designated Area. Please note, however, that peanut-based dishes (such as a satay dish) may be served in the Designated Area. • Passengers may request via Malaysia Airlines' reservations a peanut-free meal in advance of their flight's departure. Requests must be made at least 24 hours before their flight's departure. However, Malaysia Airlines cannot guarantee that the meal has been prepared in a peanut-free kitchen or has had no cross-contamination with peanut products within the various flight kitchens and catering services which are used throughout Malaysia Airlines' network. 	http://www.malaysiaairlines.com/au/en/travel-info/medical-care-while-travelling/other-medical-info.html RELEASE FORM FOR PEANUT TRAVELLERS http://www.malaysiaairlines.com/content/dam/mas/master/en/pdf/travel-info/RELEASE%20FORM_FINAL%20VER_19Jan12.pdf Passengers must submit the Release Form to the Malaysia Airlines Reservation Office at least 3 working days. For more information, call 1 300 88 3000 (Malaysia) or +603 7843 3000 (overseas)
Qantas	Australia	<ul style="list-style-type: none"> • The removal of peanuts as a bar snack on all Qantas flights and from Qantas owned and operated lounges. • Minimising the use of peanuts or peanut based products in our inflight menus. • The provision of an extensive range of special meals inflight that are specifically designed not to include peanuts or other nuts, or products of peanuts or other nuts in the preparation of the meal. • Head of cabin trained in anaphylaxis recognition and treatment • Epipens available on-board 	http://www.qantas.com.au/travel/airlines/in-flight-assistance/global/en

Airline	Country of origin	Policy for FA passengers	Weblink and notes
Qatar Airways	Qatar	<p>Customers with a history of a severe or hyper-allergy</p> <ul style="list-style-type: none"> • Must provide a completed medical information form (MEDIF) at the time of reservation or at least 48 hours prior to the scheduled departure time to allow adequate time for the form to be approved by Qatar Airways. • Are responsible for carrying any necessary medication with them onboard. • May be required to sign a waiver of liability • May bring their own meals onboard the aircraft in case they need to be certain of an allergen-free meal. <ul style="list-style-type: none"> • Because of the risk for contamination and limited aircraft facilities, Qatar Airways is unable to refrigerate or heat such meals • Meals should be free of strong odour/smell to avoid inconvenience to other customers • Quarantine regulations for some countries require that any food brought onboard by a customer must be consumed or left onboard 	<p>Allergy policy http://support.qatarairways.com/entries/22547893-Allergy-Policy</p> <p>Medical information form http://www.qatarairways.com/iwov-resources/temp-docs/MEDIF.pdf</p>
RyanAir	United Kingdom	<ul style="list-style-type: none"> • Please be aware that we cannot guarantee a peanut free aircraft as other passengers may bring their own peanut products onboard and some of our snacks onboard may contain traces of nuts. • No other information on the website 	
Singapore Airline	Singapore	<ul style="list-style-type: none"> • Can request special nut free meals up to 48 hours before boarding. 	<p>http://www.singaporeair.com/en_UK/travel-information/seat-meal-request/</p> <p>Letter of acknowledgement for highly sensitive passengers http://www.singaporeair.com/htdocs/TravelInfo/LOI-For-NFMLA.PDF</p>
South African Airlines	South Africa	<ul style="list-style-type: none"> • If you have any allergies, please bring it to the attention of our reservations department. In the event that you suffer from a severe allergy, you are required to bring your own emergency medication, e.g. EpiPen. 	<p>http://www.flysaa.com/au/en/flyingSAA/specialneeds/SpecialTravelNeeds.html</p>
Spirit	United States	<ul style="list-style-type: none"> • We recognize that some customers are allergic to peanuts; however, we do offer peanuts and other nut products onboard for purchase. Other customers may bring peanuts onboard as well. Therefore, we cannot guarantee customers will not be exposed to peanuts during flight and strongly encourage customers to take all necessary medical precautions to prepare for the possibility of exposure. <p>In an effort to provide excellent service, please alert our gate agents and flight attendants if you do have an allergy, and we will create a peanut-free buffer-zone for you which includes the row you'll be seated in, the row in front of you, the row behind you and the corresponding rows on either side of the aisle as well.</p>	<p>http://spirit.zendesk.com/entries/21381526-What-food-and-drinks-does-Spirit-offer-on-the-plane-</p>

Airline	Country of origin	Policy for FA passengers	Weblink and notes
Southwest Airlines	United States	<ul style="list-style-type: none"> Southwest Airlines is unable to guarantee a peanut-free or allergen-free flight. We ask Customers with peanut dust allergies making reservations over the phone to advise our Customer Representatives of the allergy at the time the reservation is made. If the reservation is made via a travel agent, the Customer should telephone 1-800-I-FLY-SWA (1-800-435-9792) afterward to speak with a Customer Representative. If the reservation is made via southwest.com, the Customer may advise us of the allergy on the "Southwest Airlines Payment and Passenger Information" screen by clicking on the link to "Add/Edit Disability Assistance Options." We suggest that Customers with peanut dust allergies book travel on early morning flights as our aircraft undergo a thorough cleaning only at the end of the day. We ask the Customer with the allergy to check in at the departure gate one hour prior to departure and speak with the Customer Service Agent (CSA) regarding the Customer's allergy. Our CSA will provide the Customer with a Peanut Dust Allergy Document and ask him/her to present the document to the Flight Attendant upon boarding. If the Customer has a connection, the CSA will provide the Customer with two documents, one of which should be retained to present to the Flight Attendant on the connecting flight. Our CSA will advise the Operations (Boarding) Agent so that service of packaged peanuts can be suspended for that flight. 	Peanut / dust allergies http://www.southwest.com/html/customer-service/unique-travel-needs/
Thai Airways	Thailand	<ul style="list-style-type: none"> No information on website. 	
Turkish Airlines	Turkey	<ul style="list-style-type: none"> Please advise if you have any allergies, like nut allergy etc., with a doctor's report. The special meals options do not include a nut free meal. 	http://www.turkishairlines.com/en-int/corporate/customer-contact-center/ask-us
United Airlines	United States	<ul style="list-style-type: none"> United is committed to the safety of its customers, including customers with nut allergies. United does not board pre-packaged peanuts, but unfortunately we cannot guarantee that a flight will be free of nuts, including peanuts. Some inflight food offerings may include nuts or contain trace amounts of nut ingredients (including traces of peanuts), or may have been processed in facilities that handle nuts, including peanuts. It's not possible to ensure that customers will not bring food items onboard that contain nuts, and for a variety of operational reasons, we cannot guarantee nut-free flights, offer nut-free zones, or remove any onboard products based on individual customer requests. We encourage all passengers to review any health concerns with their physicians prior to flying. 	http://www.united.com/web/en-US/content/travel/inflight/dining/special/default.aspx
US Airways	United States	<ul style="list-style-type: none"> We recognize that some of our passengers are allergic to peanut products. However, because of last-minute aircraft changes and the possibility that other passengers may have peanuts, we cannot guarantee that no peanut products will be on board. Also, we cannot accommodate 'peanut-free' snack requests, and meals may contain peanuts or peanut-related ingredients, so we encourage you to bring your own food items on board if you're allergic to peanuts. 	http://www.usairways.com/en-US/traveltools/specialneeds/specialmeals.html

Airline	Country of origin	Policy for FA passengers	Weblink and notes
Virgin America	United States	<ul style="list-style-type: none"> Virgin America recognizes that some Guests are allergic to nuts or other items, and that exposure can result in dire, or even fatal, consequences for Guests with the most severe allergies. Virgin America cannot guarantee an environment free of any allergens, including peanuts, peanut dust, peanut oil, or peanut remnants. For these reasons Guests with severe allergies should advise Virgin America prior to travel informing us at 877.FLY.VIRGIN (877.359.8474). We offer a selection of meals and snacks that provide a range of options to meet most dietary requirements. If you have special needs or serious health issues such as severe food allergies, it is recommended that you bring a snack with you. 	http://virginamerica.custhelp.com/app/answers/detail/a_id/522/kw/allergy/session/L3RpbWUvMTM4NTI5MjE5NS9zaWQvT0NVbnk4R2w%3D
Virgin Atlantic	London	<ul style="list-style-type: none"> Contact Special Assistance, who will try and request a suitable meal for you with our catering supplier. A minimum of 48 hours notice before your flight is required. Consider taking your own food and snacks onboard. Passengers are recommended to carry any medication prescribed by their doctor, such as anti-histamines or an adrenaline auto-injector in their hand luggage. If you have had an allergic reaction requiring the use of adrenaline or admission to hospital in the past 30 days, please contact Special Assistance. Peanuts are not knowingly included in Virgin Atlantic aircraft meals or snacks in any cabin. However, nuts other than peanuts may be served on all Virgin Atlantic flights as part of the menu ingredients and/or snack service in all cabins. 	http://www.virginatlantic.com/zh_cn/cn/passengerinformation/specialassistance/allergies/index.jsp
Virgin Blue	Australia	<ul style="list-style-type: none"> Passengers with severe allergy or anaphylaxis must make their booking through our Guest Contact Centre (Internet discount fare will be honoured). A completed Medical Clearance Form, a letter from a medical practitioner, or a management plan signed by a medical practitioner is required if you suffer from an allergy and you do not have the appropriate medication. If you have a life-threatening allergy you must carry appropriate medication with you, within easy reach and be able to administer it if required. If you are unable to self-administer medication, you must travel with a Carer. Your medication should be accompanied by a doctor's certificate to eliminate any difficulties in passing through security. 	http://www.virginaustralia.com/au/en/plan/special-needs-assistance/medical-conditions/
WestJet	Canada	<ul style="list-style-type: none"> WestJet can't guarantee an allergen-free environment. We do not serve nut products onboard our aircraft; however, some of WestJet's onboard snacks may contain traces of nuts or peanuts. WestJet will request that other guests within two rows* of a guest with a severe allergy to nuts or nut products refrain from consuming food product(s) with nuts, nut products or peanuts that the allergic guest may react to. It is important to note that WestJet cannot enforce compliance. A public address Allergy Announcement will be made on board when a guest self identifies as being allergic to nuts or nut products and requests a cabin-wide announcement to be made. WestJet carries vials of epinephrine and syringes onboard our aircraft, which are available for use during an emergency by any qualified health professional onboard, or by a flight attendant under the real-time supervision of MedLink's medical personnel. Aircraft preparedness – light grooming is undertaken between flights. Guests who have allergies to nuts, peanuts or animals should pack any necessary medication they require (e.g., antihistamines, EpiPen®, Twinject®, asthma inhalers, etc.) in their carry-on baggage, not in their checked baggage. Guests with severe allergies to nuts or peanuts bring their own food items. When guests identify themselves to WestJet as having severe allergies at the time of booking, we are able to provide clarity on WestJet's policies and procedures relevant to allergic/asthmatic reactions. <p>Aircraft cleaning information and aircraft air filtration system information also provided.</p>	http://www.westjet.com/guest/en/travel/special-arrangements/special-needs/allergies.shtml