Allergen Information Sheet

Bake sale item:
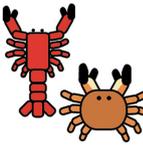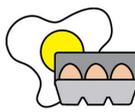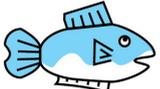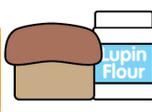
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Ingredients...

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☐ Celery	☐ Cereals containing gluten *[e.g. wheat, rye, barley]*	☐ Crustaceans	☐ Eggs	☐ Fish
☐ Lupin	☐ Milk	☐ Molluscs	☐ Mustard	☐ Tree nuts
☐ Peanuts	☐ Sesame seeds	☐ Soya	☐ Sulphites	Tick the allergens that are in the item ✓

The baker: ....

About my kitchen:
[Provide further information about your kitchen, is it nut free etc.]